

**AGENDA Lower Columbia Area Narcotics Anonymous (LCANA)**  
**Committee Meeting for Sunday, January 15, 2023**

**OPEN:** @ 3:30 pm by Eric B. with a moment of silence followed by the Serenity Prayer.

- 12 Traditions of N.A. Brandy E. read by
- Concepts of N.A. read by Curtis R
- Vision Statement for N.A. read by Logan H
- Concept read by Nic

**Opening Roll Call (ask sec)**

Chair - Absent

V-Chair – Eric B.

Secretary – Open – (Rhonda S)

Treasurer – Rhonda S

Treasurer Trainee –

RCM 1 – Marty T

RCM II – Kevin L

***Sub Committee***

Activities – Tami W

Public Relations – Jessie F

Hospital & Institutions - Logan H.

Literature – Will C

**P = Present    A = Absent**

**Beginning**

**= 1st Call    Middle = 2nd    Ending = 3rd**

Home Groups	1st Call	2nd Call	3rd Call	Home Groups	1st Call	2nd Call	3rd Call
Atmosphere of Recovery	A	A	A	New Life	P	P	P
Brothers in Recovery BIR	P	P	P	Noontimerrrs	P	P	P
Fatally Kool	P	P	P	Renegades	A	A	A
How & Why	A	A	A	Saturday Surrender	P	P	P
Just a Meeting JAM	P	P	P	Spoons are for Stirring Coffee	A	A	A
Just for Today	P	P	P	Women in Recovery	P	P	P
Life on Life's Terms LOLT	A	A	A	Pointless	P	P	P
Lost & Found	P	P	P				

No new groups to be recognized.

Quorum Established? YES    9 At least 51% of qualified voting members present  
 Attendance last 2 of 3 ASC Meetings (Voting Members)

July 2022 minutes read by Rhonda S - Accepted

Opening Treasurer Balance: \$7,913.97

**REPORTS:**

- Trusted servants' reports: see attached
- Sub-committee reports: see attached
- Group reports: see attached

**BREAK:** 4:12pm

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**MEETING REOPENED: Re-opened** by Eric B. with a moment of silence followed by the Third Step prayer.

- Middle Roll Call: 9 present of 15 – Quorum
- Middle Treasurer’s balance – \$10,863.16

**OLD Business: None**

Discussion to pay for hotel costs for chairs of Subcommittees to go to Region once a year or every Regional meeting. There was discussion regarding the cost to send all chair would exceed possible funds available and that although most have always tried to stay together, we can not force anyone to share rooms. There was discussion as to the fact that we should not be sending funds to region if we can’t pay hotel for Chairs. It was discussed to a large degree, in the end, a motion was written to just change the once-a-year requirement in the duties and pay for once a year. More to be discuss later.

RCM’s wanted it pointed out that voting is to be done in April on the CAR’s report and that the Lewis County & others have put together the in-person CAR’s training and anyone that want to know more should come. Also that every person can go on-line to NA.org and read through the CAR’s agenda and vote individually. There is also a small survey that you can complete on this regarding World Services. This is chance to be a part of, so do what you feel comfortable in doing.

**OPEN FORUM:**

No New Open Forum Items

**NEW BUSINESS:**

**No New Business brought up**

**Elections:**

Chair: Eric. B. was nominated and accepted as Chair

V-Chair: Jim A was nominated and accepted as Vice Chair

Treasurer: Rhonda S was nominated and accepted to retained as Treasurer.

Treasurer in Training: Byran F. was nominated and accepted and was voted into position

Secretary in Training: No one Volunteered, or nominations will be discussed (we have never had this position in the past.

<b>March Motions:</b> Motions forms attached.			Y	N	A
1-1	\$35.00	for Jan ASC Rent	9/0/0		
1-2	\$100.00	Cowlitz Storage – Feb Rent	9/0/0		
1-3	15.00	1414 Club – PR Guidelines	9/0/0		
1-4	15.00	14141 Club – H&I Fundraiser	9/0/0		
1-5	Remove Ivan N & Kat K., Michael Silvery from checking acct				
		9/0/0			
1-6	Approval to write check to NCRSO when invoice comes in for Lit Apprx \$600		9/0/0		
1-7	Write check from Act. Prudent for \$1500.00 to Tami W. for Feb Event		9/0/0		
1-8	Motion to change guidelines – See Attached Motion		9/0/0		
	To adjustment payment for chairs to add Hotel Costs (one Time)				
1-9	Add James A. to checking Account as Signer		9/0/0		

**Ending Treasurer Balance:** \$8619.42 (note balance after Literature paid to NCRSO)

**Ending Roll Call:** 9 of 16 present

**\*\*\* TAKE BACK TO HOME GROUPS \*\*\***

**None:** There is a PR Guideline meeting to be set up at a later date – Notification should be coming  
 There is a H&I Fundraising meeting to be set up at later date – Notification should be coming

**UPCOMING EVENTS:**

1. February 11, 2023      **Sweetheart Dinner & Dance**  
Flyer on-line, tickets for sale
2. March 9-12              **Clean & Free**  
Information available at [WNIRNA.org](http://WNIRNA.org)
3. April 22                  **LCANA Women’s Retreat Speaker Jam**  
Flyer online & tickets available for Dinner

**NEXT MEETING:**

**February 19, 2023**

## Motion to be voted on:

Motion 1-8

Change Article XII, Section 9

The ASC shall make available funds to assist Public Relations, Hospitals and Institutions, Activities and Literature Chair with Hotel Cost for one Regional event and travel expenses defined as .28-cents per mile and cost up to \$30 per person, with receipts, to attend Regional Subcommittee Meetings (All Subs Day). One event only for Hotel, travel & food expenses for remaining still available for other three (3) Regional Meetings.

Intent: Concept 1

To assist Chairpersons in fulfilling duties required by Area

**MOTION TO CLOSE** – 4:45 pm, Second and Passed.

**CLOSE** with 3<sup>rd</sup> Step Prayer and the “Circle” of Unity



# N.C.R.S.O., Inc.

P-707-422-9234

1820 Walters Ct. #A-1  
Fairfield, CA 94533

# NCRSO INVOICE

DATE SHIPPED	INVOICE NO.
1/17/2023	36052

**BILL TO:**

Lower Columbia Area-LCANA  
Rhonda Silvery  
PO Box 2095  
Longview, WA 98632

**SHIP TO:**

William Carter  
906 Elizabeth St.  
Kelso, WA 98626  
360-762-4761

DATE FILLED	TERMS	DATE ORDERED	FILLED BY	AREA MEETING	BOXES SENT
Id 14445	Net 30	1/17/2023	dc		
Item Code	Quantity	Description		Price Each	Amount
2105	1	Literature Committee Handbook		2.90	2.90T
3130	75	IP #30 Mental Health In Recovery		0.33	24.75T
3108	75	IP #8 Just for Today		0.25	18.75T
3117	75	IP #17 For Those in Treatment		0.33	24.75T
3127	75	IP #27 For the Parents or Guardians of Young People in NA		0.33	24.75T
4100	100	Key Tags: White (Welcome)		0.60	60.00T
4104	100	Key Tags: Blue (6 Months)		0.60	60.00T
4108	100	Key Tags: Black (Multiple Years)		0.60	60.00T
4106	100	Key Tags: Moonglow (1 Year)		0.60	60.00T
4103	100	Key Tags: Red (90 Days)		0.60	60.00T
1110	10	A Spiritual Principal A Day		13.00	130.00T
4336	2	Bronze Medallion: 36 Yr		3.80	7.60T
					533.50
4Discount		4% Discount Orders \$501.00 to \$1000.00 effective 2-7-2022		-4.00%	-21.34
Shipping 13%		Shipping & Handling Charges to \$500 eff 2-05-22 UPS _ 1Z 590V-8903 _____		13.00%	512.16 66.58
		PLEASE PAY FROM THIS INVOICE AS YOUR DISCOUNT HAS CHANGED.			578.74
		Out-of-state sale, exempt from sales tax		0.00%	0.00
				<b>Total</b>	<b>\$578.74</b>

LCANA AREA TRUSTED SERVANT REPORT

Position: Chair

Month of: January 2023

Report: My position is up for election this month and I would like to thank you for all your support this year. These past years since COVID has been a learning & growing period and I'm grateful that I was able to be of service.

In loving Service: Michael S.

E-Mail: mckemday-531@gmx.com

LCANA AREA TRUSTED SERVANT REPORT

Position: vice chair

Month of: January

Report: all is well. I am making a motion to have Ivan A, Kat C and Michael S removed from our area bank account. We will need to have a new check signer approved by our area. More will be revealed after elections today. I am looking forward to stepping into chair position with areas approval.

In Loving Service, Eric B

ebra22471@aol.com

**LCANA AREA TRUSTED SERVANT REPORT**

Position: Activities

Month of: Jan. 15<sup>th</sup>, 2023

Report: New Years bash was a success, we deposited \$2284.29. We discussed the Sweetheart function. We need to really push the sales of tickets.

In Loving Service, Tami W.

**LCANA AREA TRUSTED SERVANT REPORT**

Position: H&I Chair

Month of: January 2023

Report: We ~~are~~ have organized a committee to Plan a "Bingo & Burgers" event on April 1.

The "Hope Village" property's request for an H&I panel is being re-directed to encourage them to start an NA meeting on the property. IP's are going to be made available either way.

We still await the Unit's and District's response to the request.



LCANA AREA TRUSTED SERVANT REPORT

Position: C&E

Month of: JAN 2023

Report: Clean & Free will be on the 9<sup>th</sup> ~~of~~  
12 March 2023.

WNRCHA 38 May 19-21 Pendleton, OR

- In Loving Service, Marty T

LCANA AREA TRUSTED SERVANT REPORT

Position: Marty T. RCM I

Month of: JAN 2023

Report: Idello, Family CAR workshop JAN 29<sup>th</sup> in  
Chelanis, WA For Dates for other CAR workshops  
go to the WNRCHA web-site,

- In Loving Service, Marty T.

**LCANA AREA TRUSTED SERVANT REPORT**

Position: Lit Chair Month of: Jan

Report: \$524.85 in sales today, \$173.95 to PR racks;  
selling lots of literature, will be placing order  
today and asking for funds to cover the order.  
\$ 351.00 Sales  
173.95 PR RACK

In Loving Service, Will C.

**LCANA AREA TRUSTED SERVANT REPORT**

Position: PR Chair Month of: Jan 2023

Report: Happy to be working w/ H&I trying to bring services to Emergency  
Support Shelter and Hope Camp. PR has serious need for a vice chair as  
well as various trainee positions. Sorry no directories today. Had a  
couple delays, expecting order in next couple days. Will announce on F  
page when they're here and set them on top of Lit cupboard. Limited  
attendance at Guidelines Review so we rescheduled for 2/4/23,  
Saturday, 3PM in front room.

**LCANA AREA TRUSTED SERVANT REPORT**

Position: PCM II

Month of: January

Report: Was not in attendance at Zoom meeting yesterday, so  
nothing ~~was~~ to report.

Looking forward to CAPS workshop on the 29<sup>th</sup>

- In Loving Service, ~~to~~ Kevin L

**LOWER COLUMBIA AREA OF NARCOTICS ANONYMOUS**

Area Donation:

LOST & Found Group Report for the Month of Jan. 15, 2023

GSR: Tami W. Alt GSR: Rhonda S. Treasurer: Mike S.

SEC: Aiden H&I: — PR: Rhonda S. ACT: Tami W.

Upcoming Birthdays and Events: None

REPORT: All is going good

Lit Order:  Business Mtg: 2nd Sunday of the month  
Before meeting at 6:30 pm E-mail: tamiwoods3232@gmail.

In Loving Service: Tami W.

LOWER COLUMBIA AREA OF NARCOTICS ANONYMOUS

Area Donation: 0

NEW LIFE Group Report for the Month of JAN

GSR: ~~Doogie~~ Alt GSR: SANDY Treasurer:

SEC: DWAYNE H&I: SANDY PR: LOVE ACT: NONE

Upcoming Birthdays and Events: BILLG WILL BE CELEBRATING 36 YRS ON FEB 24

REPORT: ALL IS WELL

Lit Order: 0 Business Mtg: 2ND FRI BEFORE MTG E-mail dooggiehq95@gmail.com

In Loving Service: Doogie

LOWER COLUMBIA AREA OF NARCOTICS ANONYMOUS

Area Donation: 0

How & Why Group Report for the Month of January

GSR: none Alt GSR: none Treasurer: Joel Eric

SEC: Joel H H&I: none PR: none ACT: none

Upcoming Birthdays and Events: On January 31st our guest speaker will be Tommy G. On February 7th Mary T 19 years Eric B 13 years Joel H 8 years

REPORT: We can always use support. Come read some literature with us.

Lit Order: 15.60 Business Mtg: 2nd Tuesday E-mail

In Loving Service: Eric B

LOWER COLUMBIA AREA OF NARCOTICS ANONYMOUS

Area Donation: 0

Fatally KO'd Group Report for the Month of January

GSR: Anna E Alt GSR: alternates Treasurer: Mindy C

SEC: alternates H&I: 0 PR: 0 ACT: Mindy C

Upcoming Birthdays and Events: 1/16 Berlin B 1yr + Brittany 2yrs  
1/30 Jeff G 14 yrs

REPORT: all is ~~good~~ going good.

Lit Order: 0 Business Mtg: 3rd. monday of month E-mail annahoopers1974@icloud.com  
after meeting.

In Loving Service: Anna RE

LOWER COLUMBIA AREA OF NARCOTICS ANONYMOUS

Area Donation: 0

Saturday Surrender Group Report for the Month of January 2023

GSR: Curtis Alt GSR: — Treasurer: Richelle

SEC: Chris H&I: Logan PR: Logan-Curtis ACT: Curtis

Upcoming Birthdays and Events: — No Birthdays or Events

REPORT: Saturday Surrender is doing awesome  
with plenty of support with Recovering Addicts  
who are seeking Recovery from Newcome  
Just coming in - parttime members at work.

Lit Order: \$76.00 Business Mtg: This Saturday E-mail roddenc17@gmail.com  
before this Sunday

In Loving Service: Curtis (Love)!

LOWER COLUMBIA AREA OF NARCOTICS ANONYMOUS

Area Donation: \$147

BROTHERS IN RECOVERY Group Report for the Month of JAN

GSR: BRIAN C Alt GSR: NICK G Treasurer: DAVE

SEC: KAUE/JASON H&I: Ø PR: Ø ACT: Ø

Upcoming Birthdays and Events:

REPORT: MEETINGS ARE DOING GOOD LOTS OF NEW COMERS - COME GET SOME!

Lit Order: Ø Business Mtg: Sec Sat of month E-mail GCREWS187@GMAIL

In Loving Service: BRIAN C - NICK G

LOWER COLUMBIA AREA OF NARCOTICS ANONYMOUS

Area Donation: Ø

Women In Recovery Group Report for the Month of Jan. 2023

GSR: Brandy E Alt GSR: Treasurer: Kelly

SEC: Brandy E H&I: PR: ACT:

Upcoming Birthdays and Events: Jan 30th Paula L, Reby R, Styles Feb. 2nd Speaker Dana D (V) Jeanne O, Brandi K (L)

REPORT: meeting is doing better could still use women for support. The speaker meetings are generating support.

Lit Order: \$77.20 Business Mtg: Tues before Area E-mail

In Loving Service: Brandy E

LOWER COLUMBIA AREA OF NARCOTICS ANONYMOUS

Area Donation: 80<sup>00</sup>

Noontimers Group Report for the Month of JAN

GSR: ME Alt GSR: SKIP Treasurer: SKIP

SEC: ME, SKIP, Richard H&I: \_\_\_\_\_ PR: ME ACT: SKIP

Upcoming Birthdays and Events: Richard V. 26<sup>YRS</sup> 1-16

REPORT: Noontimers is going well meeting ATT is good getting some new members coming in. Come join us MON wed & Fri 11:30 - 12:30 & share your Experience strength & hope

Lit Order: 26 Business Mtg: 3<sup>rd</sup> wed Before Area E-mail harley.mrnw@gmail.com

In Loving Service: John M,

LOWER COLUMBIA AREA OF NARCOTICS ANONYMOUS

Area Donation: 76.00

JAM Group Report for the Month of January

GSR: Kyree Alt GSR: Byran Treasurer: Mark

SEC: Kyree H&I: Jessy PR: Jessy ACT: Jessy

Upcoming Birthdays and Events: None

REPORT: meeting m m i Fri 5:30

Lit Order: \$8.40 Business Mtg: 3<sup>rd</sup> Mon before Area E-mail Kyreejessica@gmail.com

In Loving Service: Kyree

LOWER COLUMBIA AREA OF NARCOTICS ANONYMOUS

Area Donation: 0

Pointless

Group Report for the Month of

Jan

GSR: Will C

Alt GSR: \_\_\_\_\_

Treasurer: Teresa

SEC: Marco H

H&I: \_\_\_\_\_

PR: \_\_\_\_\_

ACT: \_\_\_\_\_

Upcoming Birthdays and Events: \_\_\_\_\_

REPORT:

7 total home group members. Meeting is doing better. It gets larger every week.

Lit Order: 0

Business Mtg: 3rd Saturday of month

Email \_\_\_\_\_

In Loving Service: Will C.

LCANA MOTION FORM

Date 1-15-23

Motion # 1-1

Motion Made by Eric B

Seconded by Kyrat

I move to: pay \$35.00 to the 1414 club for room rent for January's ASC

Intent Of This Motion

to be fully self-supporting

Financial Impact

\$ 35.00

Yes

No \_\_\_\_\_

Abstaining \_\_\_\_\_

Passed \_\_\_\_\_

Failed \_\_\_\_\_



LCANA MOTION FORM

Date 1-15-23 Motion # 1-2 Motion Made by Eric B Seconded by Kym J

I move to: pay \$100.00 to Cowditz for Mini Storage for February's rent

Intent Of This Motion

to be fully self supporting

Financial Impact \$ 100.00

Yes  No  Abstaining  Passed  Failed

Rev 6-2021

LCANA MOTION FORM

Date 1-15-23 Motion # 1-3 Motion Made by Eric B Seconded by Kym J

I move to: pay 1414 club \$15.00 for room rent on February 4th for PR guideline review

Intent Of This Motion

to be fully self supporting

Financial Impact \$ 15.00

Yes  No  Abstaining  Passed  Failed

Rev 6-2021

LCANA MOTION FORM

Date 1-15-23 Motion # 1-4 Motion Made by Eve B Seconded by Vyvet

I move to: pay \$15.00 to the 1414 club for room rent  
on January 22 at 11:00 am for H+I fundraising committee  
meeting.

Intent Of This Motion

to be fully self supporting

Financial Impact \$ 15.00

Yes  No  Abstaining  Passed  Failed

LCANA MOTION FORM

Date 1-15-23 Motion # 1-5 Motion Made by Eve B Seconded by Vyvet

I move to: have Ivan Nelson, Kat Custer, and Michael  
Silvery removed from LCANA bank account at Fibre  
Federal Credit Union.

Intent Of This Motion

to adhere to area guidelines.

Financial Impact \$ 0

Yes  No  Abstaining  Passed  Failed

LCANA MOTION FORM

Date 1-15-23 Motion # 16 Motion Made by Will C. Seconded by Anna E.

I move to: write check for the amount that we will get emailed to us after the order is made. It will not exceed \$600.00  
The check be written out to NCRSO

Intent Of This Motion

To restock our literature

Financial Impact \$ \_\_\_\_\_

Yes  No \_\_\_\_\_ Abstaining \_\_\_\_\_ Passed \_\_\_\_\_ Failed \_\_\_\_\_

Rev 6-2021

LCANA MOTION FORM

Date 1-15-23 Motion # 1-8 Motion Made by Jocya H. Seconded by Brian C.

I move to: go back to homegroups to change Section 9: to read The ASC shall make Available funds to assist PR, H&I & ACT + LIT chairs w/ one time a year hotel cost for Region along w/ travel expenses defined as

Intent Of This Motion

for meals

.020 per mile and cost up to \$30 per person w/ receipts, to attend regional subcommittees 411 Day sub. ~~to be prior to~~

To assist chairs in fulfilling concept 1.

Financial Impact \$ varies

Yes  No \_\_\_\_\_ Abstaining \_\_\_\_\_ Passed \_\_\_\_\_ Failed \_\_\_\_\_

Rev 6-2021

**LCANA MOTION FORM**

Date 1-15-23 Motion # 1-9 Motion Made by Erin B Seconded by \_\_\_\_\_

I move to: add Jim Anderson to area's bank account as a check signer and add Martin Trotter to be check signer.

**Intent Of This Motion**

to adhere to our area guidelines

Financial Impact \$ 0

Yes  No  Abstaining  Passed  Failed